

BG&YOU



FREE
Issue 11
January -
May 2015

Innovation at BGU

Find out more about our
short courses

The Ordered Universe

It's all Maths! A better look at
Robert Grosseteste the scientist

Wedding bells?

Celebrate your big day in
one of our fantastic venues

Plus
Events &
Cinema
Listings

Happy New Year and Welcome

to issue eleven of BG & You, your guide to what's going on at Bishop Grosseteste University (BGU)!

2015 is set to be an especially good year for anyone with an interest in history - with the celebration of 800 years of the Magna Carta, continued commemoration of the end of the first World War (pg. 8), and a closer look at Robert Grosseteste's scientific treatises (pg.4). If English is more your subject maybe you'll join us for World Book Night (pg. 38) in April? Or find out more about the history of Valentines' cards on page 16.

Our on-campus cinema The Venue will be screening plenty of Oscar-tipped films including The Imitation Game, Unbroken, and The Theory of Everything. Full details of film screenings can be found in the listings fliers available in The Venue foyer and from BGU's Main Reception - as well as on The Venue website: www.thevenuelincoln.co.uk.

If you're considering studying at BGU or continuing your education in general, there are Open Days and evenings on campus (pg. 41), numerous lectures open to the public, and even short courses available - find out more about these from page 10 onwards. You can always keep up to date with our course portfolio, open lectures, and other events by visiting the Bishop Grosseteste University website at www.bishopg.ac.uk

Where are we? (Finding BGU)

We are located in uphill Lincoln, on the corner where Newport and Longdales Road meet. If you're visiting the campus by car, the entrance to our main car park is located on Longdales Road (with the curved brick walls and railings). If you're walking to us you can use either this entrance, or one of the two pedestrian entrances on Newport. The main reception is now located in the Robert Hardy Building next to the main car park, all indicated by the signage system.



Catherine Brown
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The Ordered Universe

With Jack Cunningham, Academic Coordinator for Theology (BGU)

The Ordered Universe Project was originally set up a number of years ago by medieval church historian Giles Gasper and modern Physicist Tom McLeish from Durham University. The concept originally emerged from conversations and collective thinking around Robert Grosseteste and his works. Some people make huge claims for Grosseteste, such as A. C. Crombie in the 1950's who said that Grosseteste "invents experimental science" and should be credited thus – certainly a fairly big claim. Others argue that this way of thinking is going too far, leading to a rigorous debate around his life and works.

The group is made up of scientists, cosmologists, physicists and mathematicians, along with Latinists, Philosophers, Historians and Theologians (including BGU's Head of Theology Dr Jack Cunningham). They meet three times a year to look at a particular work of Grosseteste's. The next meeting will take place here at Bishop Grosseteste University. So for three days or so in April, BGU will be visited by around 20 scholars of varying specialisms from all over the world to pore over a piece of work by Robert Grosseteste - from Oxford University, from Trondheim, even from Rome.

Grosseteste wrote ten scientific treatises (too thin to be considered books) with titles such as 'On the Rainbow',

'On Meteors' and 'On the Sphere'. Over the next five years, the project intends to translate and write about each of Robert Grosseteste's written treatises (using modern thinking and techniques) and identifying whether there is anything in them that can be rediscovered. When all ten have been completed, they will then all be published as translations and commentary.

Grosseteste is often a very overlooked figure in the world of science, so the Ordered Universe Project is rediscovering his ideas and bringing him to a wider audience. In 1919 Albert Einstein wrote three short papers that changed the history of physics, writing them during a period of unemployment, in his kitchen, with no computers, no laboratory, no physics department around him. There are striking similarities between this and the way in which Robert Grosseteste would have written his treatises. He was a 'natural physicist', needing only his own brain to work things out. He was the first person to realise that rainbows were caused by the refraction of light, coming to this realisation well before Sir Isaac Newton. There is famous a letter in which Newton writes "People often think I can see very far, but the only reason why I can see far is because I am standing on the shoulders of giants". Newton is quoting Roger Bacon in this statement, a man who was almost certainly a pupil

of Robert Grosseteste (and almost certainly talking about Grosseteste when he says this).

A good example of why it's such an exciting project lies in one of Grosseteste's books "On Colour" in which he sets out his scientific theory of colour. Involved in the Ordered University project discussions around this were many notable academics, including a colour expert from Oxford University. Originally, this treaty had been considered as a not particularly valuable piece of work as it was widely agreed that Grosseteste had got it wrong. He had claimed that there existed nine colour combinations between black and white - we now know that there are fourteen. During examination, the group realised that they weren't actually scrutinising the

oldest possible version of Grosseteste's manuscript – this was discovered in the Bodleian Library in Oxford. It was only after examining this manuscript that the group made an exciting discovery. Grosseteste was working with the (then new-fangled) Arabic number system, at a time when most people were still working with Roman numerals. With this being a time before the advent of the printing press, all manuscripts of this nature would have been copied out by hand, often by monks. It became apparent that at some time during the copying process, a wobbly '14' became 'IX' (or 9). This means that Grosseteste was one of the very first people to grasp that there are indeed fourteen colour combinations between black and white, a discovery that we only really confirmed in the Twentieth Century – the mark of a true scientific genius.

14 IX

became

In 1922, a speaker to the Royal Academy boldly claimed that we would soon rediscover Robert Grosseteste as a great scientist, despite his relative obscurity at that time. In that same year, Belgian scientist George LeMaitre developed the Big Bang Theory. The significant coincidence between these two events lies in the fact that Robert Grosseteste had written a treaty on light ('De Luce') where he proposed a theory very similar to the Big Bang. He stated that at the moment of creation, light spreads matter all over the universe. Interestingly, while Le Maitre was theorising the Big Bang, he had been based in Oxford – the site of the Bodleian Library and Robert Grosseteste's collected works. Had Le Maitre heard that speech in front of the Royal Academy? Had he been reminded of, or even introduced to, Robert Grosseteste? Had he read 'De Luce' and thus developed his Big Bang theory? We may never know the truth, but it is still exciting that Grosseteste developed this theory so long before anyone had even considered it as a possibility.

8th-10th April 2015: 'Knowing and Speaking: On the Generation of Sounds and On the Liberal Arts', Bishop Grosseteste University, Lincoln.

This symposium will present the second reading of Grosseteste's treatise On the Generation of Sounds and the first for the related On the Liberal Arts, probably Grosseteste's first scientific treatise. The symposium is organised by Dr Jack Cunningham (BGU) and Dr Giles Gasper (Durham) as the next in the sequence to explore the complete canon of Grosseteste's scientific works. The symposium is funded principally by Bishop Grosseteste University. The symposium will include a public lecture in Lincoln Cathedral and a performance of music by Grosseteste's older contemporary Perotin in the Grosseteste Chapel by members of the Ordered Universe Research project. More information at www.ordered-universe.com

Robert Grosseteste went through quite distinct stages of his life; he was a Scientist before becoming a Theologian and finally a Bishop. But it's the Scientist stage that the Ordered Universe Project is concentrating on, looking at ideas of his that have never been seriously explored before. Part of the difficulty with this has been in finding his writings. Many scientists will have volumes of work collected and translated, but this is not really the case with Grosseteste. The project brings together many different disciplines, scientists and medieval experts, all working together in a fairly unique way (most of the time, academics and scientists will research their own areas and discuss topics within their own specialisms).

The Ordered Universe Project was also nominated for a Times Higher Education Supplement Award, showing that the project is recognised on a national scale.

Calling all Newly Qualified Teachers (NQTs) and Recently Qualified Teachers (RQTs)!

BGU NQT Spring Conference 2015

Make a date in your diary for our Spring Conference at BGU on Saturday 25th April 2015 from 10am-4pm.

**NEW
DATE**



The Conference is just £35 (£30 for BGU alumni) and includes a range of optional sessions on key issues of relevance to NQTs and RQTs, a delegate pack, refreshments and even lunch!

More details of our conference and all our provision is being published on our website: www.bishopg.ac.uk/nqt or please email: pde@bishopg.ac.uk

BGU History Research Seminars **"The First World War"**

Each year the History team at BGU invites expert speakers to the University to share their research and present papers connected to recent or forthcoming works. The series provides a relaxed forum in which BGU staff, students and interested members of the public can connect, converse and develop their interest in history. This History Research Seminar series focuses on the First World War which was unquestionably a major watershed in history. **All are welcome (free of charge).**



'Experience, Memory & Writing the Great War: The Diary of Corporal Alfred Cockburn (Royal Army Medical Corps)'

Dr Claire Hubbard-Hall (Senior Lecturer in History, BGU)
2.00pm Monday 2nd February 2015
Hardy Lecture Theatre

In line with the centenary commemorations, interest in the First World War has increased considerably over the last decade. This has provided an all-important stimulus for historians to approach the (re-)writing of the war in a fresh light by incorporating stories of individual soldiers. The unpublished diary of Corporal Alfred Cockburn provides an excellent opportunity to portray a more personal aspect of the war.

Alfred Cockburn served with the 2nd London Sanitary Company (Royal Army Medical Corps) in Egypt and France throughout the war. His personal experience of war was captured in the diaries he kept at the time, which took the form of small field notebooks. Twenty years later, looking back on his wartime

experience, he rewrote his diaries which, once completed, extended to four volumes. This process of remembering effectively memorialised the Great War at a time when other soldiers chose to put pen to paper, producing 'disillusionist' writings which then, until recently, became the dominate narrative of the war.

This paper will explore the narrative approaches to, and descriptions of, the experience of war as conveyed in the diary of Alfred Cockburn. Aspects such as how writing offered a form of escapism and introspective shelter, to visions of the enemy, and images and words will be considered alongside the encoded and recoded memory of the Great War (Jay Winter).

Seminars will take place at 2pm with light refreshments offered from 1.45pm.

For further information, please contact Dr Claire Hubbard-Hall,
claire.hubbard-hall@bishopg.ac.uk or on **01522 583736**

Interested in studying history at BGU?

Study this course to explore a broad span of history from ancient times to the twentieth century. The History course at BGU encourages visits to historical sites, archives offices and museums and galleries, and learning about people in history at all levels of society. The course is guided by an excellent and enthusiastic team who are specialists in history, archaeology, art history and historical geography. From September 2015 you can also study towards a joint honours degree in history and archaeology. Contact Dr Craig Spence for more course information: craig.spence@bishopg.ac.uk

Magna Carta Lecture Series

19th February, 2.00pm in The Robert Hardy Building, Bishop Grosseteste University

Dr Tracy Borman

Civil Rights and Women as Witches in History

Tracy Borman is an acclaimed author and historian. Her recent biography of Thomas Cromwell was published by Hodder in September and has been very well received. She studied and taught history at the University of Hull and was awarded a PHD in 1997. She went on to a successful career in heritage and has worked for a range of historic properties and national heritage organisations, including the Heritage Lottery Fund, The National Archives and English Heritage. She is now Chief Executive of the Heritage Education Trust, a charity that encourages children to visit and learn from historic properties through the Sandford Award scheme. She is also appointed joint Chief Curator (with Lucy Worsley) for Historic Royal Palaces, the charity that manages Hampton Court Palace, the Tower of London, Kensington Palace, Kew Palace and the Banqueting House, Whitehall. She often appears on television and radio, and is a regular contributor to history magazines, notably BBC History.

20th March, 2.00pm in The Robert Hardy Building, Bishop Grosseteste University

Prof. Laura Lundy

What Not To Do with Children's Rights

Laura Lundy is a Professor of Education in the School of Education, Queen's University, Belfast and a Barrister at Law. She is the Director of the School of Education's Research Cluster on Children's Rights and Participation and the university-wide Research Forum for the Child (www.qub.ac.uk/child). She has extensive experience of socio-legal and inter-disciplinary research projects in the area of childhood studies, with a particular focus on education. While her expertise is in law and human rights, she has worked in research teams with psychologists, sociologists, criminologists as well as academics in the health sciences, including nursing, pharmacy and medicine. She has been a principal investigator or co-researcher in large interdisciplinary research projects funded by the ESRC, public bodies such as the Northern Ireland Commissioner for Children and Young People and leading charitable foundations such as The Wellcome Trust and Barnardo's. She was the Chair of the Northern Ireland Human Rights Commission's working party on education rights for the Northern Ireland Bill of Rights and is a former Equal Opportunities Commissioner for Northern Ireland.

Innovation at BGU

Jean Macintyre, SCEI Head of Innovation (BGU) & Gemma Fogg, Project Officer (BGU)

Innovation means many things to many people. To us it means finding new ideas and new ways to support and develop our local, regional, national and international communities. We do this in a number of different and exciting ways. For example, we try to think of ways of helping our students which will, in turn, help the community. A good example of this is our Multi Skills programme. Our sports students benefit from gaining a number of different coaching qualifications to help them to compete in the job market for sports instructors and teachers. We sponsor them to obtain additional coaching qualifications and, in return, they go out to local

Jean MacIntyre, SCEI Head of Innovation
 "I am absolutely committed to public engagement and knowledge exchange across a range of contexts. I am currently a Director of the Heritage Education Trust and a committee member for Heritage Lottery Funding and I enjoy finding new ways of engaging new audiences with heritage and culture in our region and beyond. I think it's important to remember public engagement is a two way process wherein we all have a great deal to learn from each other."

Visual Interactions and Social Stories Training 13th January 2015

Summary of course

A Visual and Auditory Social and Behavioural strategy for Teaching and Support Staff working with learners with Autism, Asperger Syndrome (ASDs), Attention Deficit Hyperactive (Impulsive) Disorder (ADHD) and related conditions.

The aim of this fun and interactive workshop is to provide each delegate with an understanding of why learners with these conditions can benefit from Visual Interventions and Social Stories as well as gaining the skills to create effective resources.

Course outcomes

This training is supported by film footage, case studies and workshop activities during which each delegate will learn to:

Use visual communication tools to aid social and emotional understanding.

Create differentiated, age and level appropriate ways of writing and presenting quick, efficient and accurate Social Stories and other Visual Interventions.

Examine and evaluate root causes and triggers behind behaviours.

Course costs
£55
 per person

At Bishop Grosseteste University
9:15am – 3:30pm

To register your interest please contact Gemma Fogg via e-mail at gemma.fogg@bishopp.ac.uk or phone on **01522 583621**. Places will be allocated on a first come first served basis. **Payment needs to be made in advance by a card payment over the phone with Gemma.**



schools to run after school Multi Skills clubs. This scheme has a number of benefits - the students gain useful coaching qualifications and school experience, the school gains a wider range of clubs, the pupils learn new skills, and BGU builds productive partnerships with local schools.

Our work with students is focused on preparing them for future employment in their chosen field. Many of our students go on to work in the area of Special Educational Needs, so we regularly organise a range of courses to give them the latest key skills in the sector.

Makaton is a crucial skill for anyone working within the area of Special Educational Needs, so we provide courses at different levels to suit individual needs. The courses we offer are a one day Awareness Course, a two day Foundation Course (covering stages 1 to 4 of the recognised Makaton qualification) and a three day Enhancement Course (covering stages 5 to 8). We also offer a one day Dyslexia course and are planning a more advanced version to run in 2015. Finally, we run a course in Visual Interactions and Social Stories for people working with children with ADHD, Asperger's and Autism. These courses are not only open to our own students but also to teachers and other interested parties in the community (for example, local businesses regularly book places for their staff to improve their knowledge and skills). In this way we are making a real difference to Continuing Professional Development in the region, not just at BGU.



Makaton Training at BGU

ONE DAY AWARENESS COURSE

Thursday 12th March

Day is 9:30am – 4pm with a half an hour lunch break.

£35

TWO DAY FOUNDATION COURSE

Includes manual and certificate

Thursday 15th and Friday 16th January

Thursday 19th and Friday 20th March

Thursday 7th and Friday 8th May

Thursday 2nd and Friday 3rd July

Every day is 9:30 – 4pm with a half an hour lunch break.

£120

THREE DAY ENHANCEMENT COURSE

Includes manual and certificate

Tuesday 21st, Thursday 23rd

& Friday 24th April

Tuesday 2nd, Thursday 4th

& Friday 5th June

Every day is 9:30 – 4pm with a half an hour lunch break.

£220

Please note that this opportunity is open to members of the public, as well as students of Bishop Grosseteste University.

Attendance on the awareness day is not required to complete the foundation course, however to complete the enhancement course you need to have attended and passed the foundation course.

Dyslexia Training

10th February or 15th April 2015

At Bishop Grosseteste University
9:15am – 3:30pm

Course costs
£55
per person

Summary of course

Strategies for the effective inclusion of learners with Dyslexia and related conditions. Practical and accessible training for educators and/or support staff.

This fun, informative and effective workshop will provide each delegate with a deeper knowledge and understanding of the needs of a range of learners and provide the skills necessary to create appropriate interventions.

What to expect on the course

This course focuses on the understanding that despite the fact that learners with Dyslexia may find the acquisition of literacy skills challenging, they can still achieve their potential with the implementation of appropriate interventions.

Course outcomes

This training is supported by a range of case studies and workshop activities during which each delegate will learn to:

Better understand the needs of learners with Dyslexia.

Create appropriate age and level appropriate visual, kinaesthetic and phonetic interventions.

Effectively intervene to empower the learners to enhance their reading, spelling and writing skills.

Working in partnership with



To register your interest please contact Gemma Fogg via e-mail at gemma.fogg@bishopp.ac.uk or phone on **01522 583621**. Places will be allocated on a first come first served basis. Payment needs to be made in advance by a card payment over the phone with Gemma.

We also like to extend the skills of students into areas they may not be as confident in. Our 'Art for Educators' course helps students and teachers alike to be more confident at teaching Art, helping them to blossom into skilled practitioners.

Wherever we can we aim to develop projects that will really benefit the local community, so we are especially proud of our partnership with Ermine Music who work largely with residents on the Ermine estate. This has led to our Choir Leadership short course which provides 10 sessions on how to run a choir, aimed at aspiring choir leaders who want to enrich the lives of their local community or school.

For many years BGU has been a leading light in Community Archaeology practice in the UK. BGU has supported community excavations, projects aimed at helping local archaeology groups, and academic modules. More recently the Innovation department has helped our archaeology experts to develop an Archaeology Summer Camp to extend the skills of local children in live settings. In September we started running a Children's Archaeology Club (which takes places one Saturday a month) and is aimed at local young enthusiasts and run by an experienced archaeology educator.

Our innovation work does not stop at the UK borders. Every summer we organise England's Hidden Treasures

Art for Educators course available at BGU

£110
per person

No previous art experience necessary

Open to all abilities

Add a whole range of classroom projects to your repertoire

Practice and develop your own creativity and observational skills

SIX WEEK COURSE AVAILABLE
Wednesday 18th February – Wednesday 25th March, every Wednesday afternoon 1:30 – 4pm

To register your interest please contact Gemma Fogg via e-mail at gemma.fogg@bishopp.ac.uk or phone on **01522 583621** stating your preferred course dates. Places will be allocated on a first come first served basis. Payment needs to be made in advance by card payment over the phone with Gemma.

Please note that this opportunity is open to members of the public, as well as students of BGU

Gemma Fogg, Project Officer

"My aim is to ensure that we are able to offer a wide range of additional courses to both our students and the public to allow them to extend their skills and knowledge base. At a time where jobs are hard to come by it is so important to gain extra qualifications to make sure you stand out. It is great to know that we offer courses that appeal to so many different people at different levels and that they find them so rewarding. I particularly enjoy working on the Multi Skills Coaching project because it means we are able to give students extra coaching qualifications, pair them into schools for invaluable experience and also build partnerships with local schools."

– a work experience project aimed at international students of Heritage Studies. It gives them the opportunity to work alongside English Heritage experts on an individual placement and to take part in a specialist tour that takes in the best heritage sites in the East Midlands, the North East and London, including such attractions as Hadrian's wall and the British Museum. We regularly have students across from America, Canada and Australia and give them opportunities they could ordinarily not organise for themselves.

Heritage is a particular strength and focus in our work. We work with the museums sector to organise a key award for excellence in heritage education that is respected throughout the museums and heritage sector. The Sandford Award has been awarded to over 300 heritage sites over the years all across the UK. Recently, we turned our thoughts to supporting the development of staff in sites that have not yet won an award. We have been fortunate enough to attract a

Dyscalculia day course

9:15am - 3.30pm Tuesday 28th April
At Bishop Grosseteste University

Summary of course

A day course for teaching and support staff designed to include learners with Dyscalculia, difficulties with recognising numeric concepts and related presentations. This is a fun, informative and effective workshop which not only informs delegates how to work more effectively with a range of learners, but gives them knowledge and understanding of the conditions. This deeper knowledge allows them to feel confident in creating interventions.

This training will include:

What is Dyscalculia? An overview of the different types of Dyscalculia and how it affects learning.

Identification strategies: what to look for in the classroom and key Dyspraxia presentations.

Understanding conceptual difficulties present in learners with Dyscalculia and strategies to overcome these.

Strategies and interventions to include learners with Dyscalculia and make the learning positive. This will include the use of visual and tactile resources and an overview of which of these resources to implement in specific circumstances.

A vast range of short, practical workshops to help the delegate better provide interventions for their learners with Dyscalculia.

Where next? Dyscalculia, development and the brain.

To register your interest please contact Gemma Fogg via e-mail at gemma.fogg@bishopg.ac.uk or phone on **01522 583621**. Places will be allocated on a first come first served basis.

Payment needs to be made in advance by a card payment over the phone with Gemma.

Course costs
£55
per person

Working in
partnership with



major grant of £405,000 from the Heritage Lottery Fund to encourage a range of sites to benefit from best practice at award winning sites.

Another of our priorities is to contribute to local initiatives - for example the city-wide celebration of the 800th anniversary of the writing of the Magna Carta. We are planning a lecture series that focuses on rights in society, which will attract interest from all over the UK. One of the speakers confirmed will be Professor Laura Lundy, the Director of the Children's Rights Centre in Belfast, who will speak about what not to do as a teacher in relation to pupil's rights.

At BGU we have also been involved in a number of digitisation projects. This has involved scanning historical documents and other archives in order to preserve an electronic copy and make material available online. Projects have included the archive of the Lincolnshire Cooperative and the Ermine estate community archive. History students at BGU are currently helping with the scanning of the archive of Ruston & Hornsby, the Lincoln engineering firm.

At BGU we are interested in enriching and enlivening the lives of everyone we can in Lincoln, in the UK and beyond. If you have any ideas that could contribute to this aim do get in touch - we are always innovating!

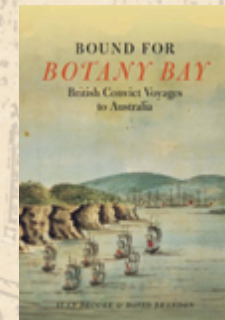
The City of Lincoln Branch 2015 Programme



All branch lectures will take place at 6pm in the Robert Hardy Building, Bishop Grosseteste University. Light refreshments will be available from 5.30pm onwards. Free Car Parking.

Branch lectures are free for HA members and students. Non-HA members £3 per lecture. Associate membership of the branch is £15 p.a. (September 2014 to June 2015)

If you plan to bring a large group to a lecture, please email the branch secretary Dr Claire Hubbard-Hall [claire.hubbard-hall@bishopg.ac.uk]



Monday 26th January 2015: 'Bound for Botany Bay: British Convict Voyages to Australia' (Alan Brooke, author)

Conspiracy and Politics in the Age of the American Civil War' (Dr Andrew Heath, Sheffield University)

Monday 23rd February 2015: 'England's Lost Kings: Edward V and Arthur Tudor' (Alison Weir, author)

This event is supported by Waterstones of Lincoln. Refreshments & book signing from 5pm.

Monday 27th April 2015: 'Greyfriars, Leicester and the Search for Richard III' (Richard Buckley, Director of University of Leicester Archaeological Services)

Monday 23rd March 2015: 'Murdered Presidents and Monarchist Plots:

Monday 18th May 2015: 'Beating and Beyond: Discipline and Punishment in Roman Schools' (Dr Jamie Wood, University of Lincoln)

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Love is in the air at BGU!

Dr Alice Crossley's paper for BGU's English Research Seminar Series takes as its focal point moments from two mid-Victorian novels – Anthony Trollope's 'The Small House at Allington' and Thomas Hardy's 'Far From the Madding Crowd'. She will also consider nineteenth-century valentines as objects or commodities – to include those of the sentimental type, but also (less familiar today), cards and messages that can range from the comic to the downright vicious. St Valentine's Day, Crossley illustrates, was not always viewed as an opportunity for love and sentiment, but often became an occasion to indulge in the mischievous traditions of misrule. By the end of the nineteenth century the proliferation of mass-produced, commercial valentine cards increasingly raised concerns about the loss of sincerity, authenticity, and self-expression in a culture of consumer capitalism. Alice Crossley explores how this questioned the apparent value of Valentine festivities, and created a kaleidoscopic perception of the valentine, whose personal and social significance was not always clear. Rather than being dismissed as "pretty nonsense", Dr Crossley will demonstrate that valentines play a fascinating role in the cultural

life of the Victorian period. You are welcome to come and join us for this occasion, to learn more about the often surprising nineteenth-century traditions associated with this calendar event. Get inspired for Valentine's Day this year, and learn the sweet – and sour – sides of Victorian valentines.

Alice Crossley's paper will be at 4pm on Thursday 12th February. Please contact **Claudia.Capancioni@bishoptg.ac.uk**, or view the website for further information.



Fig. 1 Sentimental 'swan' valentine, c.1860s. Embossed and coloured lace paper, with chromolithographic scraps. From *The Scrap Album* (www.scrapalbum.com)

thevenue

Here at The Venue we operate a unique and independent cinema. In order for us to bring you an exciting mix of films throughout the year, from Hollywood blockbusters to independent films, family favourites to all-time classics, we decide on the majority of our screenings on a month-by-month basis. These pages contain the films coming up over the next few weeks, but of course there will be plenty more in the coming months. The best way to check out exactly what's going on at The Venue is by visiting our website - www.thevenuelincoln.co.uk

The Venue box office and bar open one hour before screenings start. For more information visit www.thevenuelincoln.co.uk or email thevenue@bishoptg.ac.uk.



Mr Turner (12A) when 7.30pm Saturday 10 January & 2.30pm Wednesday 14 January

what Featuring many of Mike Leigh's repertory troupe, including Paul Jesson, Lesley Manville, Marion Bailey and of course Timothy Spall in the title role, this boisterous dissertation on Britain's greatest landscape artist J. M. W. Turner is Leigh's first biopic since 1999's scrutiny of Gilbert and Sullivan, *TOPSY TURVY*. Turner's close relationship with his ailing father, and the more complex ones involving the women in his life, are beautifully realised. Spall, as the muttering, opinionated eccentric whose eye is nonetheless always, quite literally, on his work, delivers a performance amply justifying his Best Actor award at Cannes. Turner's run-ins with the Royal Academy and his sometimes peculiar techniques are handled with humour and admirable impartiality, and with Dick Pope's cinematography, the film is a joy to behold.

National Theatre Live: Treasure Island (12A) when 7.00pm Thursday 22 January PLUS Family-friendly encore screening at 2.30pm on Wednesday 18 February

what Robert Louis Stevenson's story of murder, money and mutiny is brought to life in a thrilling new stage adaptation by Bryony Lavery, broadcast live from the National Theatre. It's a dark, stormy night. The stars are out. Jim, the innkeeper's granddaughter, opens the door to a terrifying stranger. At the old sailor's feet sits a huge sea-chest, full of secrets. Jim invites him in – and her dangerous voyage begins.



January Films at a Glance

Saturday 10 January 2.30pm
FFC: Earth to Echo (PG) (90 mins)

Saturday 10 January 7.30pm
Mr Turner (12A) (149 mins)

Wednesday 14 January 2.30pm
Mr Turner (12A) (149 mins)

Wednesday 14 January 7.30pm
2001: A Space Odyssey (U) (160 mins)

Thursday 15 January 8.00pm
NT Delayed Live - John (18) (180 mins)

Saturday 17 January 2.30pm
FFC: Petit Nicholas (PG) (149 mins)

Saturday 17 January 7.30pm
My Old Lady (12A) (107 mins)

Wednesday 21 January 2.30pm
My Old Lady (12A) (107 mins)

Wednesday 21 January 7.30pm
Ida (12A) (82 mins)

Thursday 22 January 7.00pm
NT Live: Treasure Island (180 mins)

Saturday 24 January 2.30pm
FFC: Boxtrolls (PG) (149 mins)

Saturday 24 January 7.30pm
The Imitation Game (12A) (113 mins)

Sunday 25 January 3.00pm
Bolshoi Live: Swan Lake

Wednesday 28 January 2.30pm & 7.30pm
The Imitation Game (12A) (113 mins)

Saturday 31 January 2.30pm
FFC: Dolphin Tale 2 (U) (90mins)

Saturday 31 January 7.30pm
Paddington (PG) (95 mins)

Regular tickets cost £5 (£4 concessions) except for Family Film Club screenings where every ticket costs £2.50. Tickets for screenings of the Bolshoi Ballet, Glyndebourne/Opera company screenings,

RSC and National Theatre will cost £14 (£12 concessions).

Concessions are children under 15, over 60s, and students with university/college ID or NUS card.

Wednesday afternoon screenings include tea, coffee, and biscuits in the Box Office Bar after films.

For more information visit www.thevenueincoln.co.uk, call 01522 583681 or email thevenue@bishopg.ac.uk.

You can also follow us on Twitter and Facebook - search 'The Venue Lincoln'

The Boxtrolls (PG) when 2.30pm Saturday 24 January

what A young orphan nicknamed Eggs (voiced by Hempstead Wright, Game of Thrones' Bran Stark) lives with a cheerful bunch of garbage-collecting creatures, the Boxtrolls, in secret caverns beneath the streets of Cheesebridge. But when the heinous local exterminator, Archibald Snatcher, plots to rid the town of Boxtrolls, Eggs bravely ventures above ground in order to try to save them. In doing so he recruits the feisty young Winnie. Based on the bestselling children's novel Here Be Monsters! by Alan Snow, the pair's adventures unfold in richly colourful and entertaining stop-motion animation by the creators of CORALINE and PARANORMAN. Also onboard are Toni Collette and Simon Pegg as Winnie's posh parents, the Portley-Rinds.



The Boxtrolls



The Imitation Game

The Imitation Game (12A) when 7.30pm Saturday 24 January, 2.30pm & 7.30pm Wednesday 28 January, & 2.30pm Wednesday 4 February

what Benedict Cumberbatch masterfully portrays mathematical genius Alan Turing in his race against time to break Germany's Enigma code during World War II. Flashbacks following Turing's arrest for homosexuality in 1952 chronicle his battles with the commander of the Bletchley Park codebreakers (Charles Dance) before he won the trust of an MI6 boss (Mark Strong) and the funding to build a huge electro-mechanical computer which will help him decipher the code. Directed by Morten Tyldum (JO NESBO'S HEADHUNTERS), Cumberbatch's twitchy, savant-like Turing doesn't suffer the fools he initially has to work with, but in Joan Clarke (Keira Knightley), a woman who, like him, has an exceptional mathematical brain, he finds an intellectual equal and friend. The result is both gripping and profoundly moving.

who The Venue box office and bar open one hour before screenings start. For more information visit www.thevenueincoln.co.uk or email thevenue@bishopg.ac.uk.



Paddington (PG) when 7.30pm Saturday 31 January

what Paddington Bear finally reaches the silver screen courtesy of director and co-writer Paul King. Arriving in London from his native Peru with a 'Please Look After This Bear' label around his neck, our bewildered ursine friend is fortunately taken in by kindly Mr and Mrs Brown. Voiced by Ben Whishaw, and named after the railway station he arrived at, Paddington embarks on a series of bemused adventures as he searches for one of his Aunt Lucy's friends and finds himself dodging a malicious taxidermist with an unnatural aversion to bears. This charming amalgam of CGI, animatronics and live action will delight fans old and new of the perennially popular children's books by Michael Bond.

who The Venue box office and bar open one hour before screenings start. For more information visit www.thevenueincoln.co.uk or email thevenue@bishopg.ac.uk.

Interstellar (12A) when 7.30pm Wednesday 4 February & 7.30pm Saturday 7 February

what Amongst a group of explorers and scientists pushing the boundaries of space travel by journeying through a newly discovered wormhole is Cooper. He's an idealistic everyman willing to leave behind his two young children to join a venture whose noble goals include saving humanity from its destructive excesses. Director Christopher Nolan creatively builds on the experimental cinematography he employed in THE DARK KNIGHT RISES with stunningly eye-boggling results. Featuring an appropriately stellar cast including Anne Hathaway, Michael Caine and Jessica Chastain. Please note this film contains strobe light effects. Those who may be affected should take appropriate action.

who The Venue box office and bar open one hour before screenings start. For more information visit www.thevenueincoln.co.uk



February Films at a Glance

Wednesday 4 February 2.30pm
The Imitation Game (12A) (113 mins)

Wednesday 4 February 7.30pm
Interstellar (12A) (169 mins)

Saturday 7 February 2.30pm
FFC - LIAF (U) (80 mins)

Saturday 7 February 7.30pm
Interstellar (12A) (169 mins)

Monday 9 February 7.30pm
History on Film - Casino Royale (PG) (131 mins)

Wednesday 18 February 2.30pm
NT Encore: Treasure Island Family Screening (12A) (180 mins)

Wednesday 18 February 7.30pm
The Theory of Everything (12A) (123 mins)

Saturday 21 February 2.30pm
FFC - The Lion King (U) (89 mins)

Saturday 21 February 7.30pm
The Theory of Everything (12A) (123 mins)

Wednesday 25 February 2.30pm & 7.30pm
The Theory of Everything (12A) (123 mins)

Wednesday 11 February 2.30pm
Unbroken (15) (137 mins)

Wednesday 11 February 7.00pm
RSC: Love's Labours Lost

Saturday 14 February 2.30pm
FFC - The Book of Life (U) (95 mins)

Saturday 14 February 7.30pm
Unbroken (15) (137 mins)

Friday 27 February 7.30pm
Big Eyes (12A) (106 mins)

Saturday 28 February 2.30pm
FFC - Paddington (PG) (95 mins)

Saturday 28 February 7.30pm
Into the Woods (PG) (124 mins)

Unbroken (15) when 2.30pm Wednesday 11 February & 7.30pm Saturday 14 February

what Louis Zamperini was a Californian schoolboy with an excess of energy and a talent for distance running. He went on to compete at the 1936 Berlin Olympics, but when World War II broke out he immediately enlisted in the United States Air Force. In 1943 his plane crashed in the Pacific, and he spent 47 days adrift on a raft before being captured by Japanese soldiers. Drawing on a screenplay co-written by the Coen brothers, Angelina Jolie tells Zamperini's heroic story, alternating between tension and exhilaration in action scenes both on the track and in the air, while Jack O'Connell once again proves his talent and commitment in the lead role.

who The Venue box office and bar open one hour before screenings start. For more information visit www.thevenueincoln.co.uk





The Theory of Everything

The Theory of Everything

(12A) when 7.30pm Wednesday 18 February, 7.30pm Saturday 21 February, 2.30pm & 7.30pm Wednesday 26 February

what Stephen Hawking is one of the towering figures of our time, a brilliant scientist who brought his groundbreaking ideas into popular consciousness with the bestselling A Brief History of Time. But it's the dignified way he has lived with motor neurone disease that has helped to make him so widely revered and admired by the public. THE THEORY OF EVERYTHING tells the story of Stephen the man, starting with his years as a postgraduate student in 1960s Cambridge and his blossoming romance with Jane Wilde. As his disease progresses, he turns away from Jane in the hope of sparing her pain – but she has other ideas. Eddie Redmayne is already Oscar-tipped for his stunning performance as Stephen, and the superb supporting cast deepen the impact of this profound and moving film.

who The Venue box office and bar open one hour before screenings start. For more information visit www.thevenueincoln.co.uk or email thevenue@bishopg.ac.uk.

Also coming to The Venue...

Live in The Venue - with Lesley Smith
Thursday 23rd April at 7.00pm

AN EVENING WITH QUEEN BOUDICCA

Following the success of An Evening with Nell Gwynne we are proud to present - An Evening with Queen Boudicca, performed by Lesley Smith (Curator of Tutbury Castle). The story of Boudicca, although much of it is cloaked in poor evidence, is still absolutely amazing. This inspiring and mighty Iceni Queen was on a mission of revenge for the rape of her daughters and a determination to teach the invading Romans a sharp lesson. Join us for an evening of hilarity, tragedy & emotion.

Tickets: £20 including a reception drink and canapés before the performance. A £1 per ticket booking fee applies.

Lincoln Film Society Screenings 2015 at The Venue

| | |
|-----------------------------------|-----------------------------------------------------------------------|
| The Wind Rises | 9 th January <i>Japan</i> (127 mins) (PG) |
| In Secret | 23 rd January <i>USA</i> (107 mins) (15) |
| We are the Best! | 30 th January <i>Sweden/Denmark</i> (102 mins) (15) |
| A Thousand Times Goodnight | 6 th February <i>Norway/Ireland/Sweden</i> (117 mins) (15) |
| Exhibition | 13 th February <i>UK</i> (105 mins) (15) |
| Nebraska | 20 th February <i>USA</i> (115 mins) (15) |
| Blancanieves | 6 th March <i>Spain/Belgium/France</i> (102 mins) (12A) |
| Omar | 13 th March <i>Palestine</i> (98 mins) (15) |
| The Rocket | 15 th March <i>Australia/Thailand/Laos</i> (96 mins) (12A) |
| Tom at the Farm | 20 th March <i>Canada/France</i> (101 mins) (15) |

Lincoln Film Society has been bringing the best of world and independent cinema to Lincoln since 1953. We aim to show films which would not normally be available to view in Lincoln. We welcome anyone who is looking for something different from the mainstream Hollywood/multiplex experience. Come and meet friends then sit back and enjoy great films. Then join us in the fully licensed bar afterwards to chat about the film.

The Society is run by a group of enthusiasts in an informal, welcoming atmosphere. All the films are presented using the latest digital technology, including digital surround sound and the latest high reflective micro perforated screen.

Day memberships are available for individual films. These may be obtained on the day of the screening priced at £5.00. The Society welcomes enquiries about future membership.

Interested in joining the Society? Please email lfs-membership@hotmail.co.uk for more information.

For all other enquiries, please email lincolnfilmsociety@hotmail.co.uk

HISTORY ON FILM SERIES

OPERATION SECRET AGENT

Mission: A series of five films about the history of secret intelligence to its contemporary uses. Each film is introduced by a member of the History Faculty staff.

Target: Those interested in entering the world of intelligence as depicted on the big screen. Immerse yourself in the 'secret past' of spies, spooks, covert operations and the 'surveillance state'.

Location: The Venue, Bishop Grosseteste University.

Special Notes: Start time 7.30pm at The Venue - Tickets £5, £4 concessions. FREE CAR PARKING
www.thevenue.co.uk

9 February
Casino
Royale (PG)



9 March
The Lives of
Others (15)



20 April
Zero Dark
Thirty (15)



Casino Royale

(PG) (1967)

7.30pm Monday
9th February 2015

Mission: An all-star cast, led by Peter Sellers and David Niven star in this James Bond spoof. Sir James Bond, a spy from the old school is called back to service by the death of "M" and the imminent collapse of civilization. The opposition tries to compromise him, but even as nubile young agents are thrown at him, he remains above and beyond all temptations. Going beyond parody, every agent is renamed James Bond-007 to confuse the enemy, including Woody Allen who plays Little Jimmy Bond. Introduced by a member of the History Faculty staff.

CLASSIFIED



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BA (Hons) Archaeology and History

Do you want a career in archaeology and history?

Are you fascinated by the past and want to learn skills for your future?

Situated in the historic City of Lincoln, with over 2,000 years of history, Bishop Grosseteste University is part of a vibrant heritage community and the best possible place to engage with the past. Our undergraduate degree offers academic and professional skills, visits, lab work and fieldwork. We have our own archaeological field school, resources and facilities and community archaeology projects. This degree is designed to deliver the transferable skills desired by future employers. Apply now to start in September 2015.

For more information about our Archaeology and History course visit our website www.bishopg.ac.uk/archaeology, contact Dr Craig Spence on craig.spence@bishopg.ac.uk or call Admissions on 01522 583920



You are invited to the next **bgvenues**

Wedding Fayre

Sunday 1st March 2015 | 11am - 4pm

IN THE ELIOT ROOM AT BISHOP GROSSETESTE UNIVERSITY

Bridal Wear

PHOTOGRAPHERS

Flowers

cakes

STATIONERY

TRANSPORT

& lots more from local suppliers

LONGDALES ROAD, LINCOLN, LN1 3DY.

*Free Parking (15 minutes walk
up Newport from Lincoln Cathedral)*

PLEASE CONTACT WEDDINGS@BISHOPG.AC.UK
FOR MORE INFORMATION OR EXHIBITOR ENQUIRIES

Free
Entry!

Weddings at Bishop Grosseteste University

Roxane Caldwell (BGU) Sales Executive

"This November we hosted a highly successful Wedding Fayre with almost 20 exhibitors, promoting services ranging from wedding cars to wedding reception photo booths. As this event was so successful, we are planning to host another fayre on March 1st 2015. We offer very reasonable exhibiting prices and have extensive free car parking on site for exhibitors and visitors alike. Our wedding packages have recently been rebranded and overhauled, which has been met with an extremely positive response from people who are looking for a more quirky venue with something different to offer. We have a wide range of venues for couples looking to create the perfect day – there really is something for everyone."

"One of my favourite Venues is Curiositea - our Alice in Wonderland themed coffee shop. Curiositea offers an intimate reception venue that can host up to 40 guests - if you are looking for something with a really unique wow-factor then this is ideal. With everything from teacup candelabras to rabbit shaped napkins, this room really allows you to let your imagination run wild!"



- Here at BG Venues, we offer unique settings to host one of the most important days of your lives together.
- Set in the heart of historic uphill Lincoln, BG Venues can offer you a variety of spaces to host your perfect day. We have an eclectic mix of reception areas available ranging from intimate spaces, contemporary quirky venues or the more traditional style settings.
- Whether your special day is a wedding, civil ceremony or anniversary, we will plan your day with you to make sure it turns out exactly the way you imagined. We are sure that our distinctive and accommodating selection of on-site venues will suit your every requirement, so you and

your guests can relax and celebrate within our beautiful grounds. Our range of all-inclusive packages include your hand-picked choices for the wedding breakfast and a variety of choices for your evening meal.

We are fully flexible and more than happy to discuss any special requirements that you may need to make your day as perfect as it should be.

For more details or to arrange an appointment, do call **01522 585636**, email weddings@bishopg.ac.uk or visit www.bgvenues.co.uk

bgvenues



BISHOP
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DO YOU WANT TO STUDY WHILE YOU WORK?

STUDY FOR A **FOUNDATION DEGREE** AT
BISHOP GROSSETESTE UNIVERSITY AND
GAIN A QUALIFICATION WITHOUT HAVING TO
LEAVE WORK.

**APPLY NOW TO START WITH US IN
JANUARY 2015.**

Find out more by visiting www.bishopg.ac.uk/foundation

Learn while you Earn with Foundation Degrees at BGU

*Students Anna Sheldon and Matthew St Julien talk to Catherine Brown
about their experience so far of February start Foundation Degrees at BGU*

*Anna Sheldon has been studying for a Foundation Degree in Applied Studies
(Learning Support) since February 2014*

So what does the course involve?

"At the minute it's giving more depth to what we do every day as Teaching Assistants and understanding the philosophies and policies of things - why we do what we do. It's also empowering having a little bit more knowledge, and hence giving us more confidence and enabling us to support children better. You don't know what you're going to learn - you know the practicalities of everything. It's really building upon the knowledge that you already have. It also gives you the possibility of going onto something else, if that's what you want to do."

And you started in February 2014 - why?

"Purely timing. For me I had to wait for my family situation to be ready for me to go

on and do this. It was like a little gremlin I had on my shoulder for ten years, and now I've finally released it! The February start was available so I went for it, rather than having to wait until September, which was good."

Does it work for you?

"It's a full-time course, but you're only actually in the University for one day a week from 1pm until 8pm. But it's classed as a full-time course because you have to be in full-time employment to do it - it's practise-based. Most of us are mature students so we're used to having to juggle lots of things! The course relates to something I'm interested in and something I want to do - I'm actually thoroughly enjoying going to the library and being a bit of a geek! It's easier to come in and study where you won't get interrupted by housework - and also because I am a mum, because I work, and I am a wife, I have all these other things to do at home, so if you physically remove yourself from that environment you can actually knuckle down and get on with it. I like it."

Would you recommend this course to others?

"I really would recommend this to anyone that's in my situation, someone who is a Teaching Assistant who's feeling a bit stagnant and wants to do something else."

Don't let the fact you've got a family put you off?

Absolutely not! And if I could turn the clock back I would have done this ten years ago, I wouldn't have waited. I wanted to be a home full-time mum, I wanted to do that for my children and I still believe that's one way of doing it - not necessarily the way. Knowing what I know now, learning what I've been learning - they probably would have benefitted if I'd had a part-time Teaching Assistant job and incorporated this course and had them. I know you can juggle - if you want to, you can juggle. The staff at BGU are really helpful. It's great and I love it!"

*Matthew St Julien has been studying for
a Foundation Degree in Applied Studies
since February 2014*

So what does the course involve?

It's one day a week and for the first year. Already we've learned all about how children develop - different theories behind how children develop, different factors that can influence children's lives, what we can do as practitioners to help improve things for children.

You started in February 2014 - why?

For me it was all about timing. I'd been working for Disney Cruise Line and I didn't

"It's
great and I
love it!"



have the traditional qualifications to put me on a 'normal' university course as a mature student. I'd just missed the September start date and had put things on hold when I saw the February start date. I thought I'd give it a go and got accepted onto the course.

Does it work for you?

I moved to Lincoln for the course and was volunteering at a school when I started. A few months after volunteering it became paid work, which I believe came from the knowledge I gained being on the course.

So would you recommend this course?

Definitely. It's a really good balance of still being able to work with children and gaining all that extra experience to help improve the way the way you work with them. I think it's easier to understand the content when lecturers talk about certain subjects because you're actively working with children at the same time – it makes it easier to understand and immediately put things into practice. If I was at a university full-time I'd find it harder as I wouldn't have that interaction. I was worried because I hadn't done a higher education course before - would I be able to cope with the content of it all? But the support you get from staff, lecturers, the library services team – it all makes it all easier than you would expect.

Are you interested in studying for a Foundation Degree at Bishop Grosseteste University? Find out more on our website at www.bishopg.ac.uk/foundation or speak to a member of our Admissions team by calling (01522) 583658 or emailing admissions@bishopg.ac.uk

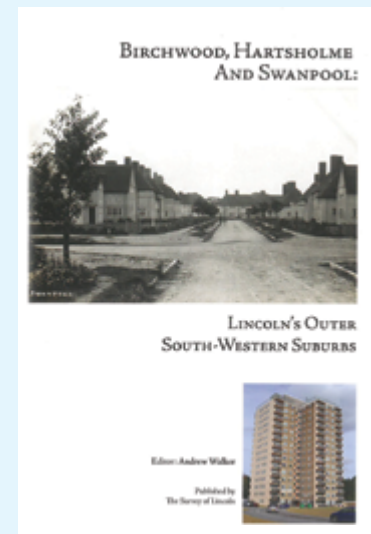
Bernard Gilbert – Lincolnshire First World War poet

On 13 March 2015, one of the Lincoln Drill Hall Theatre's Lunchtime Lecture series will feature the powerful and poignant home-front poetry of this Lincolnshire author. Dr Andrew Jackson, a historian at Bishop Grosseteste University, will discuss the historical background to Bernard Gilbert and his poetry, while Maureen Sutton, local folklorist and poet, will read some of Gilbert's classic wartime vernacular verse. For further information please contact: www.lincolndrillhall.com or 01522 873894.

New History of Lincoln

Dr Andrew Jackson, Head of Humanities (BGU)

A detailed history of an area of Lincoln has just been published with contributions from 4 members of BGU staff. This is volume 10 of the Survey of Lincoln series: 'Birchwood, Hartsholme and Swanpool: Lincoln's Outer South-Western Suburbs'. This includes chapters by Dr Claire Hubbard-Hall (Skellingthorpe Aerodrome and hutments), Dr Hazel Kent (Hartsholme Country Park), Dr Andrew Jackson (The Hartsholme Housing Estate), Dr Michael Jones (Archaeology), BGU Visiting Reader, and also Heritage Studies graduate, Lesley Clarke (Swanpool Garden Suburb). The volume is available from local bookshops at £6.95.



Lincoln Theological Society Lecture

Tuesday 7th April 2015 7pm for 7.30pm

The Rt Rev. Rt Hon. Lord Rowan Williams will give a lecture:

Centenarians, Teresa of Avila and Thomas Merton

The lecture will take place in the Robert Hardy Building at Bishop Grosseteste University.

Tickets £5 including wine or juice (and parking if available) in advance from Unicorn books (Lincoln Market) and Lincoln Minster Shop and on the door.

Lincoln Theological Society Lecture

Thursday 21st May 2015 7.30pm

The Rev. Rt Hon. Lord Leslie Griffiths will give a lecture:

Something out of Nothing and it all began Here

The lecture will take place in the Robert Hardy Building at Bishop Grosseteste University.



ZUMBA

**Join the party every Tuesday!
7.45pm – 8.45pm**

**Book ahead to
secure your space!**

**For more information visit the Sports Centre on campus,
call on 01522 583680 or e-mail sports@bishopg.ac.uk**

Zumba

| | |
|---------------------|-------------------------------------------------|
| When? | Tuesday 19:45-20:45 (occasionally 8:15 - 21:15) |
| Where? | BGU Sports Centre |
| Suitability: | Beginners – Advanced (minimum age - 16) |

What is Zumba?

Zumba is a dance-based fitness class that uses a fusion of Latin and International music with easy-to-follow moves. It includes both cardio and resistance training components designed to tone and sculpt the entire body.

Who are the classes suitable for?

Zumba prides itself on being a class that is perfect for everybody and every body! Each Zumba class is designed to bring people together no matter what their existing abilities.

Interested to learn more about the benefits of Zumba?

Zumba is a total workout, combining all benefits of fitness – cardio, muscle conditioning, balance, flexibility and even boosts your energy levels! Zumba takes the “work” out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once you have been to a class it’s easy to see why Zumba’s catch phrase is “Ditch the workout, Join the Party!!”

How do I book?

To book in for the class please call BGU Sport and Fitness Centre on (01522) 583680 or pop in to see us in the centre. Payment of £4 is required when booking as a non-member, unless you qualify for our concessionary rate and then it’s only £3.50 (over 60’s / students elsewhere and graduates of BG – proof required when booking).

Membership packages are available from as little as £15.00 per month and do include use of all of our classes (apart from Zumba). For more information give us a call, visit our website www.bishopg.ac.uk or find us through social media:

Facebook – BG Sports and Fitness Centre

Twitter - @BGSportsCentre

**Are you qualified to deliver Zumba classes
and interested in teaching a class at BGU?**

Contact Gareth Wilson at gareth.wilson@bishopg.ac.uk

MONDAY

4.45pm – 5.30pm High Intensity Interval Training
5.30pm – 6.00pm Abs Blast
6.00pm – 7.00pm Pilates

TUESDAY

1.00pm – 1.30pm Abs Blast
7.45pm – 8.45pm Zumba*

WEDNESDAY

12.30pm – 1.15pm Boot Camp
5.45pm – 6.45pm Pilates
6.45pm – 7.45pm Legs Bums + Tums

THURSDAY

6.45pm – 7.30pm Cardiotone

FRIDAY

4.30pm – 5.30pm Circuit Training

Book ahead to avoid disappointment!

Detailed descriptions of classes can be found on our website

www.bishopg.ac.uk/sportscentre

Visit us or call 01522 583680 for more information and to book classes

*Zumba not included in membership packages. Class timetable correct at time of printing; subject to change.

BGU
SPORTS
CENTRE

CLASS PRICES

BGU Students **£3.00**

General Public **£4.00**

Concessions **£3.50**

(except Abs Blast **£2.00** and
Circuits **£3.00**)

www.bishopg.ac.uk/campus/sportscentre

BGU Easter Sports Programme

Daily activities from 9am to 5pm,
Mon 31 March - 2 April

For kids
aged 8
to 14 years
Limited
spaces!

Bishop Grosseteste Sports Centre is running a Easter Sports Programme for children aged from 8 to 14 years. The main aims of the programme are to get children involved in, and to enjoy sport. There are a whole range of activities on offer, such as football, netball, rounders, and lots more!

Your child may have never played sports before but don't worry, our emphasis is about having fun, making new friends and learning new skills and sports!

All sports centre staff are fully qualified fitness instructors and there will always be a member of staff present who is first aid trained. All staff are DBS (CRB) checked.

Please note Make sure you pre-book your child's place as we are not able to offer spaces 'on the day'. Please complete and return one of our booking forms by 20th March to guarantee your child's place.

Sport and Fitness Centre,
Bishop Grosseteste University,
Lincoln, LN1 3DY
sports@bishopg.ac.uk
(01522) 583680

£20 per day
£75 for four days

New Masters Courses at Bishop Grosseteste University

BGU offers a range of opportunities to study at Masters Degree level in the Humanities. Courses are available in the following subject areas:

- English Literature*
- Heritage Education
- Community Archaeology
- History*
- Theology*

Programmes are delivered by a range of subject specialists at BGU, and are delivered flexibly to suit full and part-time students. For more information please visit our website at www.bishopg.ac.uk/masters

*Subject to validation

“THE TEACHING STAFF ARE APPROACHABLE AND HELPFUL, BUT THEY ARE ALSO CHALLENGING AND HELPING ME THINK IN NEW WAYS”

MA in English Literature

Dr Claudia Capancioni, Academic Coordinator for English (BGU)

The new School of Humanities has been working on expanding its postgraduate provision with new MA courses. The English team is delighted to give an insight into their new programme that aims to create new and exciting scholarly activities from September 2015. The MA in English Literature offers an opportunity to engage with the most current disciplinary debates, to broaden and extend one's knowledge of English Literature by exploring an exciting range of literary genres, approaches, authors and themes. It combines up-to-date scholarly investigation with the promotion of transferrable skills through a variety of literary assessments that develop advanced communication and presentation skills for a multiplicity of professional futures. This new course extends our high quality learning experience and friendly and supportive academic community to MA level.

The MA in English Literature promotes an advanced knowledge of literature through the investigation of variety of theories, forms, and frameworks stretching from Enlightenment to the present day through research-led modules. A flexible timetable, which is designed to accommodate a part-time route, provides longer modules offering breadth and scope, and specialist modules providing depth and focus. Two team-taught modules, *The Dark Side of Literature* and *Approaching Fiction Today*, uncover darker, controversial sides to literature, and interpret the past and the present through innovative perspectives. *Framing Genre*, *Thematic Threads*, *The Author in Focus*, and *Literature in Time* are modules studying selected authors, literary periods, genres and themes. Individual interests can be pursued through a range of oral, written and research-oriented assignments, and a final dissertation offers the space to push literary passions further. Our MA is designed for those who want to advance their talents as readers and researchers of literature, as critical and reflective scholars, and as communicators and presenters of knowledge at MA level, and beyond.

Interested in studying this course, a different Masters Degree, or the Undergraduate course English BA (Hons)? Visit our website at www.bishopg.ac.uk/study to find out what's available and more information.

World Book Night

Dr Claudia Capancioni, Academic Coordinator for English (BGU)

After two years' experience as a World Book Night giver, we at Bishop Grosseteste University are planning our biggest event yet in 2015. This is an occasion that all staff and students throughout the university feel is at the core of what we do, as it centres around sharing our love of reading and inspiring a love for reading. The reading list of twenty titles is now out and we look forward to celebrating these titles with you on Thursday 23 April 2015 at BGU. We invite the whole community to join us on this date for reading groups, seminars, and conversations led by staff and students, open to everyone who would like to share their likes, dislikes, favourite books and protagonists, authors and illustrators, or to listen to others talking about their joy of reading. The list really does have a book for everyone and is particularly good with suggesting quick reads, as well as texts that volunteers believe are page-turners, or books to be passed on. There are titles for young readers, lovers of adventure stories, detective fiction and fantasy. It includes poetry, historical novels, romance, fictional and non-fictional

stories about challenging human experiences, as well as light-hearted tales. What do you prefer reading? What do you suggest others to read? Is there a book you always go back to? Do you have an unforgettable reading experience? If you look forward to sharing your love for books, or want to be inspired to read for pleasure, do join us on Thursday 23 April 2015.



**World
Book Night
23 April 2015**

Further enquiries may be made by emailing claudia.capancioni@bishopg.ac.uk, or by checking our University website at www.bishopg.ac.uk

BGU History Research Seminars "The First World War"



'Distressing or a blessing? Contrasting experiences of life on the home front in rural England: Bernard Gilbert, Lincolnshire Poet.'
Dr Andrew Jackson (BGU)
2.00pm Monday 11th May 2015
Room 217

During the 1914-18 war, Lincolnshire-born novelist, playwright and poet, Bernard Samuel Gilbert, would turn his artistic attention to life on the home front. Gilbert had not long left his family's Billingham-based seed merchant business for a career as a professional writer. His first works had just appeared in print, focussing on contemporary agriculture, the rural landscape and country society. Writing in the vernacular was an especially prominent feature of Gilbert's early publications. After brief spells of residence in Woodhall Spa and Lincoln, the war years would find him in London, employed in the Ministry of Munitions. Gilbert was also able

to complete a number of publications in various literary forms, including *Gone to the War* and *Other Poems in the Lincolnshire Dialect* (1915), *War Workers and Other Verses* (1916) and *Rebel Verses* (1918). Gilbert's home-front poems continue to express some of the themes present in his pre-war writing. His war poetry is also diverse, considering a range of contrasting perspectives: life at the Front, but particularly that on the Home Front; the comic as well as the tragic; the experience of the country and that of the city; the circumstances for women alongside those for men; and the war viewed generally negatively, yet positively by others.

All seminars will take place at 2pm with light refreshments offered from 1.45pm.
For further information, please contact Dr Claire Hubbard-Hall,
claire.hubbard-hall@bishopg.ac.uk or on **01522 583736**

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OPEN DAYS

At Bishop Grosseteste University

Wednesday 10th June 2015

Post Graduate Routes into Teaching Open Evening

Sunday 14th June 2015

Undergraduate Courses

Wednesday 1st July 2015

Undergraduate Courses

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KAREN RICHARDSON, HEAD OF STUDENT RECRUITMENT & ADMISSIONS

If you're thinking of applying to BGU, why not come along and see what we've got to offer? Book your place now by visiting www.bishopg.ac.uk/opendays



Lincoln Christian Networking Club

"By their fruit you will know them" Matthew 7:16

A new club for practising Christians (of all denominations) who are working in professional, managerial, and business owner positions in Lincoln and the surrounding areas.

Monthly meetings at Bishop Grosseteste University may include:

- ▲ time to introduce your business/role to other members
- ▲ a guest speaker or discussion
- ▲ a light supper and time to network
- ▲ closing prayers

To find out more about joining the LCNC, please email Eve Stuart (LCNC's Chair) at eve.stuart@bishopg.ac.uk

Unlocking Your Potential

Eve Stuart, Careers & Employability Manager and Personal and Workplace Coach (BGU)

Have you become stuck in an unsatisfactory way of working or living?

Do you feel you have not reached your potential, or have no idea of what you are actually capable of?

Are you aware of feelings of unease with change within your workplace or life?

Have you lost sight of what is actually important to you?

If so, Coaching from BG Futures, could help you to move forward towards a successful way of living and working, that suits you and brings you success in a way that will be fulfilling for you. 'Coaching from BG Futures' is a new service from Bishop Grosseteste University. Find out below what coaching is, what it can assist you with and how you can find out more about how to access this service - it could change your life!

What exactly is coaching?

Coaching is a partnering with clients in a thought-provoking and creative way that will inspire them to maximise their personal and professional potential. Professional coaches recognise that clients are resourceful and, even if they don't know it, actually have the answers inside themselves to their issues.

Coaching helps to bring those answers to the surface via:

- Exploring where the client currently is, and looking at where they want to be
- Encouraging the client in a journey of self-discovery
- Designing client-generated solutions and strategies
- Assist the client in evaluating the progress they have made, and look at any issues arising.

A Coaching session gives you:

- The space, in a confidential setting, for you to explain your situation fully, and for your coach to really listen to what you have to say.
- Your coach will help you to understand what is stopping your progress and/or work out how to move forward with what you want to achieve.

- Your coach will be 'on your side', but will, if required, also challenge you or give you a reality check.
- Your coach will be non-judgemental, and work with you in a collaborative way, to help you gain insights and perspectives on your situation in order for you to move forward towards what you would like to achieve.
- Your coach will help you to set goals that resonate with your values that are achievable for you to undertake and that are timed in order to review your progress.

How do I find out more about the Coaching Service and what it can do for me or my workplace?

For further information about how we can help you, and about pricing and discounts available to our Alumni, please email eve.stuart@bishopp.ac.uk with your questions. Eve Stuart is also happy to set up an initial meeting or telephone call to look at what your needs are, and to outline how coaching can help. This initial contact is free of charge, and there is no obligation for you to purchase coaching services from us. Would-be clients can rest assured that our coaching service is operated at a high level, and is ethical in all its dealings. We look forward to working with you!

"My sessions genuinely helped me at a very difficult time in my life. I was also at a crossroads and decisions had to be made. Doing nothing was not an option."

What areas of my life and work can I use coaching for?

Numerous areas and situations including:

- Work/life balance
- Career management
- Managing change in the workplace
- The transition of a new role at work
- Unhappiness at work
- Starting your own business
- Low confidence and self-esteem issues
- Moving on from bereavement and divorce
- Clarification of who you are and what you want from your life
- Redundancy
- Understanding and managing stress levels

Staff Profile Eve Stuart




As Manager of 'Coaching from BG Futures', Eve understands that when choosing a coach, you want to be sure that you are getting a professional service. She holds a Masters level postgraduate Diploma in Coaching, and has had over 25 years' experience in the workplace, including teaching, team management, counselling and Assessor/Trainer roles. Her coaching style is caring, nonjudgemental, non-directive and collaborative. *"I am a coach who is dedicated to assist bringing progress and success to my clients."*

She is also a member of the Association for Coaching, and adheres to their Code of Ethics, which includes undertaking continuous professional development, and regular supervision sessions.



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